

Washington population growth slowing

June 27, 2025

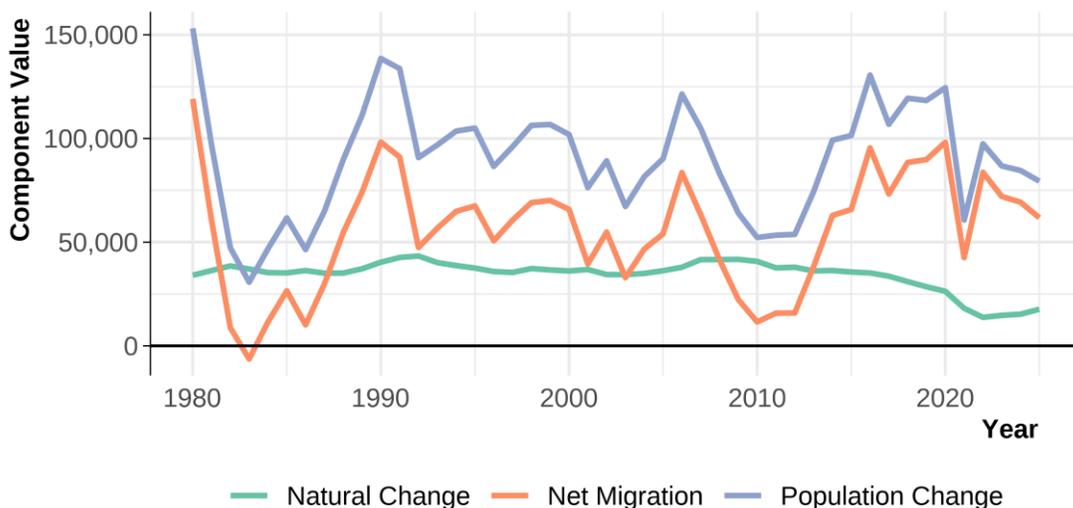
Contact: Mike Mohrman, 360-870-7974

OLYMPIA – Washington state’s total population grew by an estimated 79,400 — to 8,115,100 as of April 1, 2025, according to annual estimates prepared by the Office of Financial Management.

Washington is growing, though it is doing so much slower than the annual average from last decade (79,400 in 2025 compared to 98,200 from 2010–20). The population is growing slower than last year, with an unadjusted growth rate of 1%. Looking at the current decade as a whole, the population has increased by 408,790 since April 1, 2020, which represents an increase of 5.3%.

Net migration (people moving in minus people moving out) is the largest driver of population growth, accounting for 78% of population growth (61,700 people, down 7,500 from last year). Except for the pandemic year 2021, this is the lowest level since 2013.

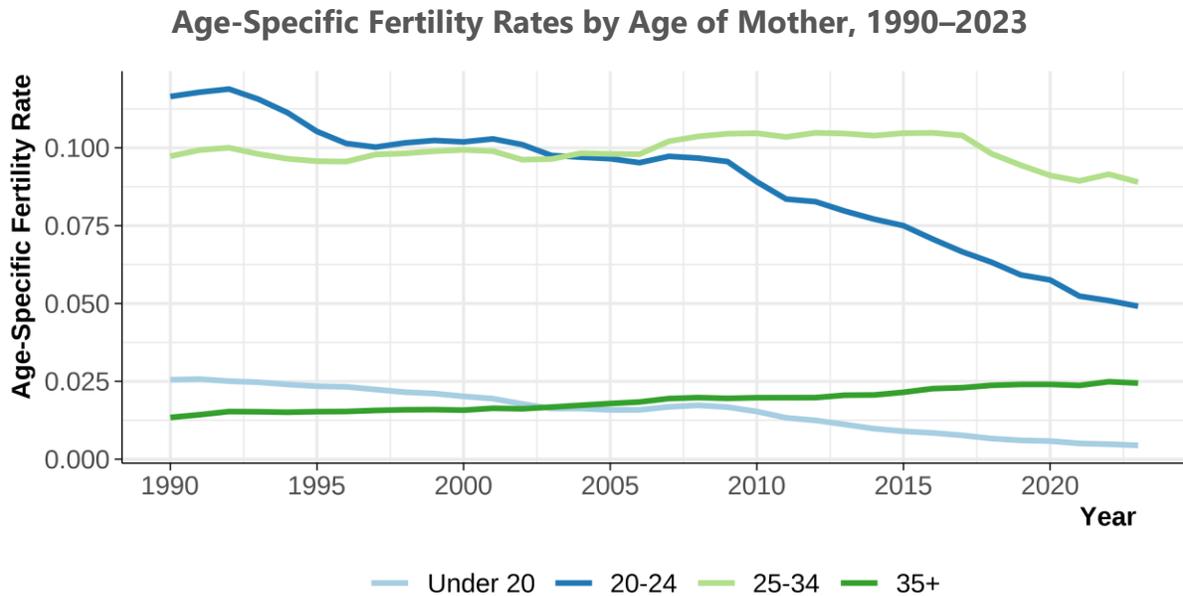
Components of State Population Change



Birth rate continues to decline

Natural change (births minus deaths) accounted for 22% of the annual growth or 17,700 people. Births have been trending downward statewide since around 2017, driven largely by decreases in the fertility rates of mothers in their teens and early 20s, as seen in this figure below. This decrease has not been offset by the increased fertility rates seen in mothers over age 35. Before and after the

COVID-19 pandemic, deaths—the other side of natural change—have been trending upwards and will continue to do so as the baby boomer generation ages.

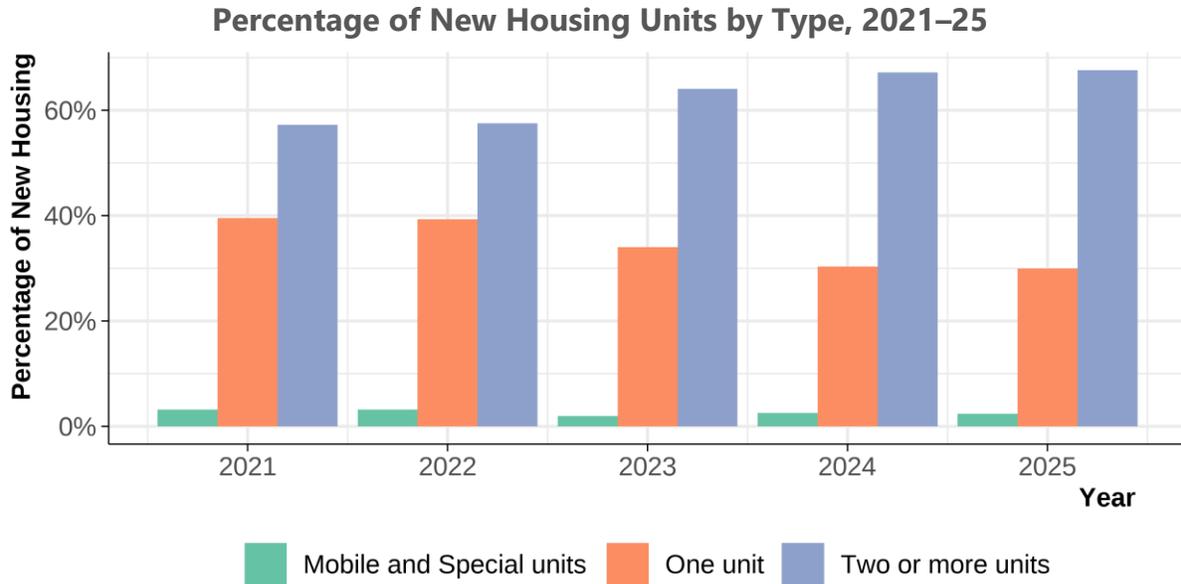


Strong housing growth continues

Washington continues to have strong housing growth. Over the past year, the state added 47,900 housing units, 4,300 less than the previous year.

- Of all new units built this past year, 68% were multi-family units, continuing the decade-long trend.
- More than 76% of all new housing units built within the past year were in one of the state's five largest metropolitan counties — Clark, King, Pierce, Snohomish and Spokane.
- King County led all counties with 20,200 new housing units and represented 42% of the state's total housing growth over the last year.

Washington continues to have strong population growth; however, in 2025 the population pressure that has been driving housing demand continues to ease as new units are completed and enter the housing supply.



Where Washington is growing the most

Consistent with previous years, over 76% of state population growth occurred in the five largest metropolitan counties. The nine counties with populations between 100,000 and 350,000 saw 18% of the state’s growth. Counties with less than 100,000 had a 6% share, smaller than the previous year. Whitman (1.4%), King (1.4%) and Spokane (1.2%) were the three fastest growing counties.

The April 1, 2025, population estimate for Washington’s incorporated cities and towns is 5,350,840, an increase of 1.2% from the previous year. The top 10 cities for numeric change, in descending order, are Seattle, Tacoma, Bellevue, Vancouver, Redmond, Shoreline, Spokane, Spokane Valley, Auburn and Marysville. Seattle’s population increased by 18,900 people, for a total of 816,600. Strong housing growth was the main driver of population growth for these cities.

Population milestones

Significant milestones for cities and counties this year include:

- Yakima city reached 100,000 residents.
- Marysville reached 75,000 residents.
- College Place reached 10,000 residents.
- La Conner reached 1,000 residents.
- Cowlitz County now has a population density of over 100 people per square mile.
- Walla Walla County is over 50 people per square mile.

Why these estimates matter

Population estimates are the foundation of numerous analyses and reports which help us learn about Washington and who lives here. OFM county and city population estimates are used for the

distribution of roughly \$220 million in state funding to local governments each year. Other uses for these estimates include:

- forming the foundation of numerous state planning and data products.
- monitoring caseloads and track resources.
- helping to target delivery of health care services and monitor disease spread.
- assisting in planning for housing and environmental protection.

How OFM estimates population

OFM population estimates are developed using a variety of state and local government data. They are based on the most recent federal census counts with annual change added by monitoring changes in births, deaths, housing supply, school enrollment, voter registrations, motor vehicle registrations and employment.

You can find additional information on the latest population estimates for the state, counties, cities and towns on [OFM's website](#).



Table 1. Population, Change and Rank

County	Total Population 2020	Total Population 2024	Total Population 2025	Numeric Change 2020–25	Numeric Change 2024–25	Numeric Change Rank	Percentage Change 2020–25	Percentage Change 2024–25	Percentage Change Rank	Percentage of State Total 2020	Percentage of State Total 2025	Percentage of State Total Rank
State	7,706,310	8,035,700	8,115,100	408,790	79,400	-	5.30	0.99	-	100.00	100.00	-
Adams	20,613	21,475	21,550	937	75	29	4.55	0.35	29	0.27	0.27	31
Asotin	22,285	22,725	22,750	465	25	33	2.09	0.11	32	0.29	0.28	30
Benton	206,873	217,850	219,625	12,752	1,775	9	6.16	0.81	10	2.68	2.71	10
Chelan	79,141	82,300	82,900	3,759	600	15	4.75	0.73	13	1.03	1.02	17
Clallam	77,155	78,550	78,650	1,495	100	27	1.94	0.13	31	1.00	0.97	18
Clark	503,311	536,300	542,400	39,089	6,100	5	7.77	1.14	4	6.53	6.68	5
Columbia	3,952	3,975	3,950	-2	-25	37	-0.05	-0.63	38	0.05	0.05	38
Cowlitz	110,730	113,900	114,500	3,770	600	15	3.40	0.53	23	1.44	1.41	12
Douglas	42,938	45,150	45,450	2,512	300	22	5.85	0.66	19	0.56	0.56	25
Ferry	7,178	7,350	7,350	172	0	34	2.40	0.00	34	0.09	0.09	36
Franklin	96,749	102,300	103,250	6,501	950	12	6.72	0.93	8	1.26	1.27	14
Garfield	2,286	2,325	2,300	14	-25	37	0.61	-1.08	39	0.03	0.03	39
Grant	99,123	105,300	106,250	7,127	950	12	7.19	0.90	9	1.29	1.31	13
Grays Harbor	75,636	77,400	77,750	2,114	350	19	2.79	0.45	26	0.98	0.96	19
Island	86,857	88,650	88,700	1,843	50	32	2.12	0.06	33	1.13	1.09	15
Jefferson	32,977	33,700	33,825	848	125	26	2.57	0.37	28	0.43	0.42	27
King	2,269,675	2,378,100	2,411,700	142,025	33,600	1	6.26	1.41	2	29.45	29.72	1
Kitsap	275,611	286,100	288,900	13,289	2,800	6	4.82	0.98	6	3.58	3.56	7
Kittitas	46,468	48,600	48,950	2,482	350	19	5.34	0.72	15	0.60	0.60	23
Klickitat	22,735	23,450	23,600	865	150	24	3.80	0.64	20	0.30	0.29	29
Lewis	82,149	84,950	85,550	3,401	600	15	4.14	0.71	16	1.07	1.05	16
Lincoln	10,876	11,300	11,250	374	-50	39	3.44	-0.44	37	0.14	0.14	35
Mason	65,726	67,475	67,800	2,074	325	21	3.16	0.48	24	0.85	0.84	20
Okanogan	42,104	43,200	43,400	1,296	200	23	3.08	0.46	25	0.55	0.53	26
Pacific	23,365	23,950	23,950	585	0	34	2.50	0.00	34	0.30	0.3	28
Pend Oreille	13,401	13,850	13,950	549	100	27	4.10	0.72	14	0.17	0.17	33
Pierce	920,393	952,600	959,900	39,507	7,300	2	4.29	0.77	12	11.94	11.83	2
San Juan	17,788	18,475	18,550	762	75	29	4.28	0.41	27	0.23	0.23	32
Skagit	129,523	133,300	134,600	5,077	1,300	11	3.92	0.98	7	1.68	1.66	11
Skamania	11,604	12,075	12,150	546	75	29	4.71	0.62	21	0.15	0.15	34
Snohomish	827,957	867,100	873,800	45,843	6,700	3	5.54	0.77	11	10.74	10.77	3
Spokane	539,339	559,400	566,000	26,661	6,600	4	4.94	1.18	3	7.00	6.97	4
Stevens	46,445	47,650	47,800	1,355	150	24	2.92	0.31	30	0.60	0.59	24
Thurston	294,793	307,000	309,100	14,307	2,100	8	4.85	0.68	17	3.83	3.81	6
Wahkiakum	4,422	4,550	4,550	128	0	34	2.89	0.00	34	0.06	0.06	37
Walla Walla	62,584	63,375	63,800	1,216	425	18	1.94	0.67	18	0.81	0.79	21
Whatcom	226,847	238,000	240,500	13,653	2,500	7	6.02	1.05	5	2.94	2.96	9
Whitman	47,973	48,750	49,450	1,477	700	14	3.08	1.44	1	0.62	0.61	22
Yakima	256,728	263,200	264,650	7,922	1,450	10	3.09	0.55	22	3.33	3.26	8

Table 2. Components of Population Change

County	Natural Change 2020–25	Net Migration 2020–25	Population Change 2020–25	Natural Change 2024–25	Net Migration 2024–25	Population Change 2024–25
State	79,502	329,288	408,790	17,654	61,746	79,400
Adams	1,094	-157	937	241	-166	75
Asotin	-554	1,019	465	-163	188	25
Benton	3,480	9,272	12,752	882	893	1,775
Chelan	-41	3,800	3,759	67	533	600
Clallam	-3,320	4,815	1,495	-688	788	100
Clark	5,214	33,875	39,089	1,223	4,877	6,100
Columbia	-295	293	-2	-27	2	-25
Cowlitz	-905	4,675	3,770	-157	757	600
Douglas	654	1,858	2,512	183	117	300
Ferry	-268	440	172	-40	40	0
Franklin	4,554	1,947	6,501	964	-14	950
Garfield	-43	57	14	-6	-19	-25
Grant	2,794	4,333	7,127	793	157	950
Grays Harbor	-2,041	4,155	2,114	-437	787	350
Island	-645	2,488	1,843	-104	154	50
Jefferson	-1,492	2,340	848	-328	453	125
King	39,521	102,504	142,025	8,157	25,443	33,600
Kitsap	989	12,300	13,289	133	2,667	2,800
Kittitas	-410	2,892	2,482	-346	696	350
Klickitat	46	819	865	243	-93	150
Lewis	-784	4,185	3,401	-58	658	600
Lincoln	-152	526	374	-16	-34	-50
Mason	-904	2,978	2,074	-160	485	325
Okanogan	-548	1,844	1,296	-118	318	200
Pacific	-1,139	1,724	585	-212	212	0
Pend Oreille	-451	1,000	549	-33	133	100
Pierce	13,694	25,813	39,507	2,664	4,636	7,300
San Juan	-331	1,093	762	-86	161	75
Skagit	-456	5,533	5,077	-110	1,410	1,300
Skamania	-185	731	546	-60	135	75
Snohomish	16,808	29,035	45,843	3,559	3,141	6,700
Spokane	1,477	25,184	26,661	555	6,045	6,600
Stevens	-610	1,965	1,355	-82	232	150
Thurston	862	13,445	14,307	245	1,855	2,100
Wahkiakum	-180	308	128	-47	47	0
Walla Walla	-667	1,883	1,216	-121	546	425
Whatcom	-311	13,964	13,653	-107	2,607	2,500
Whitman	257	1,220	1,477	64	636	700
Yakima	4,790	3,132	7,922	1,187	263	1,450

Table 3. Components of Population Change, Average Annual Change

County	Natural Change 2010–20	Net Migration 2010–20	Population Change 2010–20	Natural Change 2024–25	Net Migration 2024–25	Population Change 2024–25
State	33,813.4	64,363.6	98,177.0	17,654	61,746	79,400
Adams	272.4	-83.9	188.5	241	-166	75
Asotin	-13.6	79.8	66.2	-163	188	25
Benton	1,221.7	1,947.9	3,169.6	882	893	1,775
Chelan	228.1	440.7	668.8	67	533	600
Clallam	-325.3	900.4	575.1	-688	788	100
Clark	2,171.3	5,623.5	7,794.8	1,223	4,877	6,100
Columbia	-19.5	6.9	-12.6	-27	2	-25
Cowlitz	98.9	733.1	832.0	-157	757	600
Douglas	214.4	236.3	450.7	183	117	300
Ferry	-15.1	-22.2	-37.3	-40	40	0
Franklin	1,239.9	618.7	1,858.6	964	-14	950
Garfield	-3.5	5.5	2.0	-6	-19	-25
Grant	827.3	173.0	1,000.3	793	157	950
Grays Harbor	-65.2	349.1	283.9	-437	787	350
Island	190.5	644.6	835.1	-104	154	50
Jefferson	-175.3	485.8	310.5	-328	453	125
King	12,199.7	21,642.9	33,842.6	8,157	25,443	33,600
Kitsap	863.0	1,584.8	2,447.8	133	2,667	2,800
Kittitas	106.9	448.4	555.3	-346	696	350
Klickitat	21.0	220.7	241.7	243	-93	150
Lewis	26.3	643.1	669.4	-58	658	600
Lincoln	-15.2	45.8	30.6	-16	-34	-50
Mason	-23.9	526.6	502.7	-160	485	325
Okanogan	78.1	20.3	98.4	-118	318	200
Pacific	-124.9	369.4	244.5	-212	212	0
Pend Oreille	-34.9	74.9	40.0	-33	133	100
Pierce	4,964.3	7,552.5	12,516.8	2,664	4,636	7,300
San Juan	-51.6	253.5	201.9	-86	161	75
Skagit	267.3	994.9	1,262.2	-110	1,410	1,300
Skamania	10.2	43.6	53.8	-60	135	75
Snohomish	4,377.2	7,085.0	11,462.2	3,559	3,141	6,700
Spokane	1,523.5	5,288.3	6,811.8	555	6,045	6,600
Stevens	-13.7	305.1	291.4	-82	232	150
Thurston	945.7	3,307.2	4,252.9	245	1,855	2,100
Wahkiakum	-22.5	66.9	44.4	-47	47	0
Walla Walla	85.8	294.5	380.3	-121	546	425
Whatcom	614.5	1,956.2	2,570.7	-107	2,607	2,500
Whitman	157.2	162.5	319.7	64	636	700
Yakima	2,012.4	-662.7	1,349.7	1,187	263	1,450

Table 4.1. Top 25 Cities by Numeric Population Change

Municipality	Numeric Change 2024–25	Numeric Change Rank	Change Due to Annexation 2024–25
Seattle	18,900	1	0
Tacoma	3,300	2	410
Bellevue	3,000	3	0
Vancouver	2,500	4	0
Redmond	2,340	5	13
Shoreline	1,830	6	0
Spokane	1,700	7	0
Spokane Valley	1,400	8	0
Auburn	1,370	9	1,282
Marysville	1,250	10	0
Kirkland	1,140	11	0
Bothell	1,090	12	0
Bellingham	1,070	13	0
Lynnwood	1,040	14	0
Port Orchard	960	15	0
Renton	900	16	0
Pasco	770	17	0
Richland	740	18	0
Pullman	700	19	0
Kennewick	670	20	4
Lake Stevens	640	21	0
Yakima	630	22	0
Ferndale	590	23	0
Olympia	520	24	0
Bremerton	500	25	0
Burlington	500	25	0
Ridgefield	500	25	13

Table 4.2. Top 25 Cities by Percentage Population Change

Municipality	Percent Change 2024–25	Percent Change Rank	Change Due to Annexation 2024–25
Entiat	10.55	1	0
Nooksack	9.28	2	0
Cusick	9.09	3	0
Yacolt	6.89	4	1
Index	6.25	5	0
La Center	5.56	6	0
Port Orchard	5.25	7	0
Burlington	4.80	8	0
Malden	4.00	9	0
North Bend	4.00	10	0
Vader	3.76	11	0
Ferndale	3.59	12	0
Sultan	3.42	13	0
Springdale	3.39	14	0
Everson	3.34	15	0
Black Diamond	3.34	16	0
Ridgefield	3.17	17	13
Carnation	3.11	18	0
Shoreline	2.96	19	0
Redmond	2.92	20	13
Winthrop	2.54	21	0
Lynnwood	2.51	22	0
Rockford	2.48	23	0
Seattle	2.37	24	0
Lyman	2.33	25	0

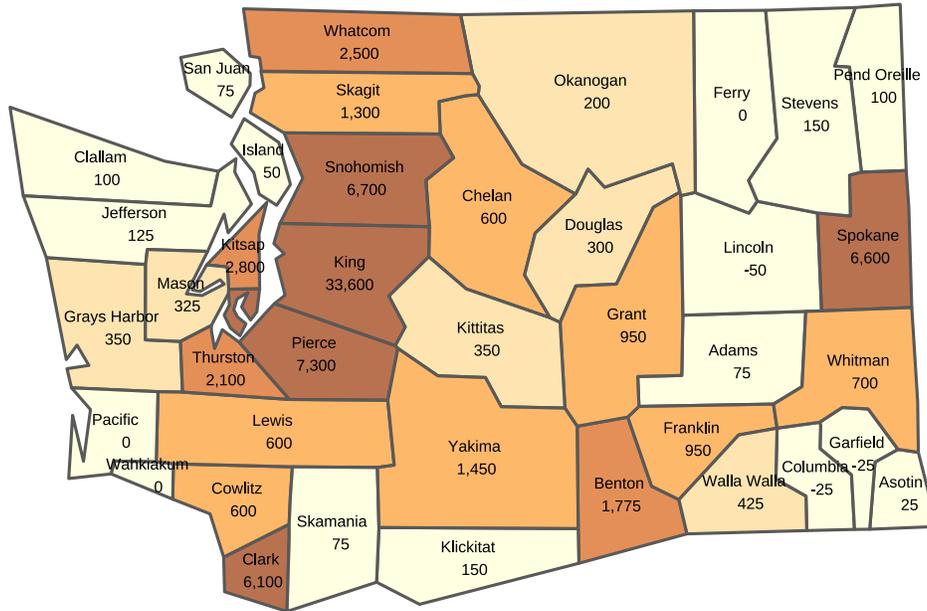
Table 5. Top 10 Unincorporated Areas by Population Change

Unincorporated Area	Numeric Change 2024–25	Numeric Change Rank	Change Due to Annexation 2024–25
Pierce County	3,105	1	-410
Spokane County	3,065	2	0
Snohomish County	2,555	3	-2
Clark County	1,920	4	-47
Kitsap County	1,040	5	0
Thurston County	910	6	-14
King County	650	7	-13
Cowlitz County	430	8	-2
Whatcom County	345	9	0
Yakima County	320	10	-6

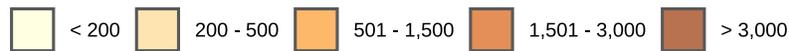
Table 6. Population Density

County	Land Area (sq. mi.)	Total Population 2020	Total Population 2025	Population Density 2020	Population Density 2025	Density Change 2020–25	Density Change Rank
State	66,455.1	7,706,310	8,115,100	115.96	122.11	6.15	-
Adams	1,925.0	20,613	21,550	10.71	11.19	0.48	30
Asotin	636.1	22,285	22,750	35.04	35.77	0.73	25
Benton	1,700.1	206,873	219,625	121.68	129.18	7.50	9
Chelan	2,921.2	79,141	82,900	27.09	28.38	1.29	20
Clallam	1,738.7	77,155	78,650	44.37	45.23	0.86	24
Clark	628.5	503,311	542,400	800.82	863.02	62.20	2
Columbia	868.6	3,952	3,950	4.55	4.55	0.00	39
Cowlitz	1,141.2	110,730	114,500	97.03	100.34	3.31	13
Douglas	1,819.2	42,938	45,450	23.60	24.98	1.38	19
Ferry	2,203.2	7,178	7,350	3.26	3.34	0.08	37
Franklin	1,241.6	96,749	103,250	77.92	83.16	5.24	11
Garfield	710.8	2,286	2,300	3.22	3.24	0.02	38
Grant	2,679.6	99,123	106,250	36.99	39.65	2.66	15
Grays Harbor	1,901.5	75,636	77,750	39.78	40.89	1.11	21
Island	208.5	86,857	88,700	416.63	425.47	8.84	8
Jefferson	1,803.7	32,977	33,825	18.28	18.75	0.47	31
King	2,115.2	2,269,675	2,411,700	1073.02	1140.16	67.14	1
Kitsap	395.1	275,611	288,900	697.57	731.20	33.63	3
Kittitas	2,297.3	46,468	48,950	20.23	21.31	1.08	22
Klickitat	1,871.6	22,735	23,600	12.15	12.61	0.46	32
Lewis	2,402.8	82,149	85,550	34.19	35.60	1.41	18
Lincoln	2,310.6	10,876	11,250	4.71	4.87	0.16	36
Mason	959.5	65,726	67,800	68.50	70.66	2.16	16
Okanogan	5,266.2	42,104	43,400	8.00	8.24	0.24	35
Pacific	933.6	23,365	23,950	25.03	25.65	0.62	27
Pend Oreille	1,400.2	13,401	13,950	9.57	9.96	0.39	33
Pierce	1,668.0	920,393	959,900	551.81	575.49	23.68	4
San Juan	173.9	17,788	18,550	102.28	106.66	4.38	12
Skagit	1,730.2	129,523	134,600	74.86	77.79	2.93	14
Skamania	1,658.3	11,604	12,150	7.00	7.33	0.33	34
Snohomish	2,086.5	827,957	873,800	396.81	418.78	21.97	5
Spokane	1,764.2	539,339	566,000	305.71	320.82	15.11	7
Stevens	2,477.1	46,445	47,800	18.75	19.30	0.55	28
Thurston	722.5	294,793	309,100	408.02	427.82	19.80	6
Wahkiakum	262.9	4,422	4,550	16.82	17.31	0.49	29
Walla Walla	1,270.0	62,584	63,800	49.28	50.23	0.95	23
Whatcom	2,107.9	226,847	240,500	107.62	114.09	6.47	10
Whitman	2,159.3	47,973	49,450	22.22	22.90	0.68	26
Yakima	4,294.5	256,728	264,650	59.78	61.63	1.85	17

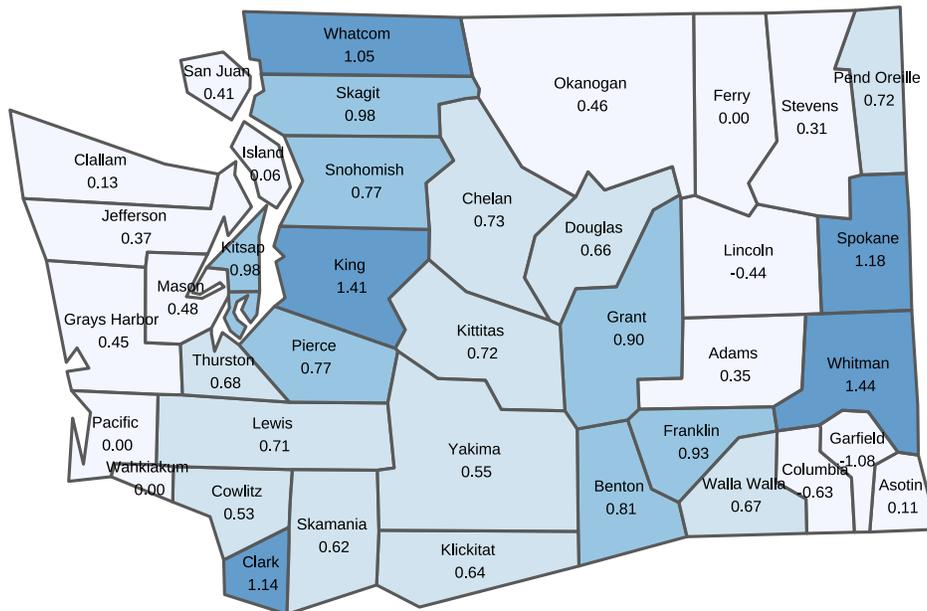
Numeric Change in Population: 2024-25



Numeric Change



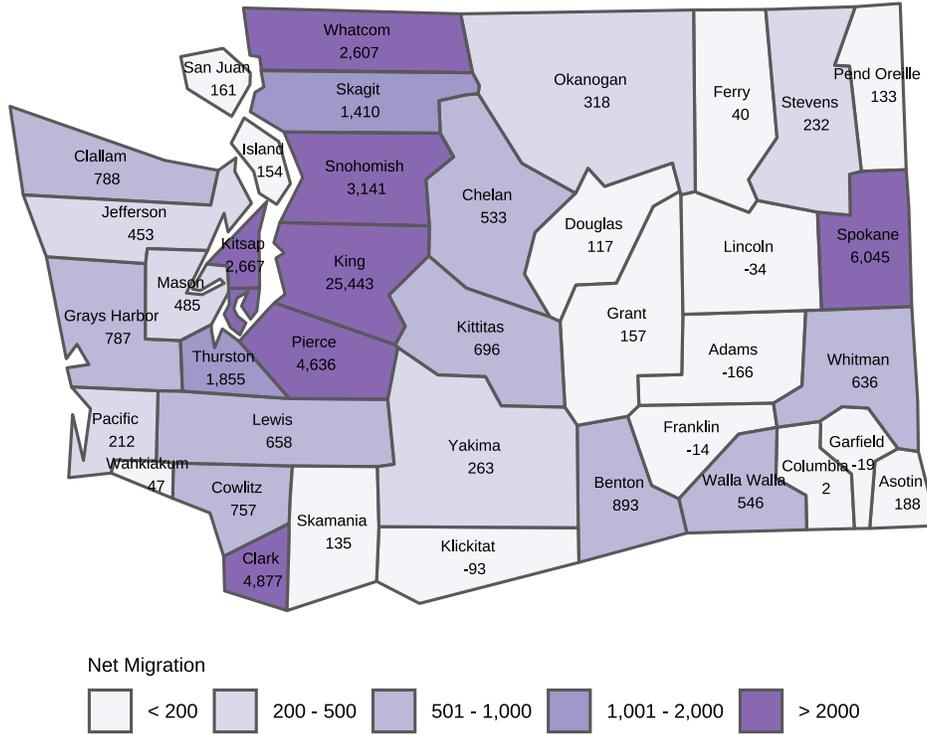
Percentage Change in Population: 2024-25



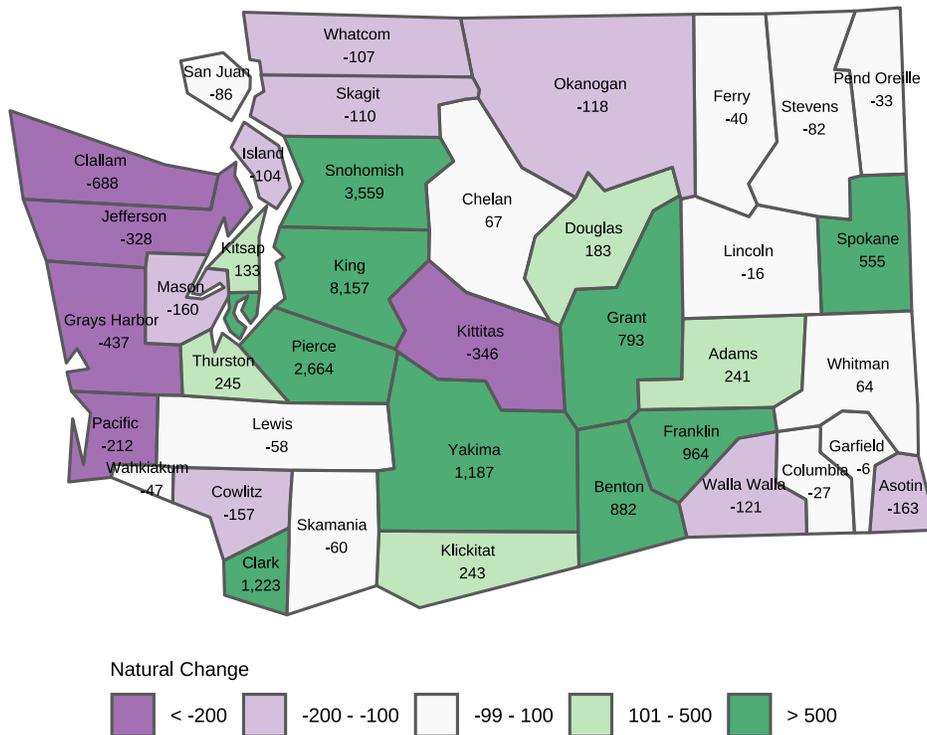
Percentage Change



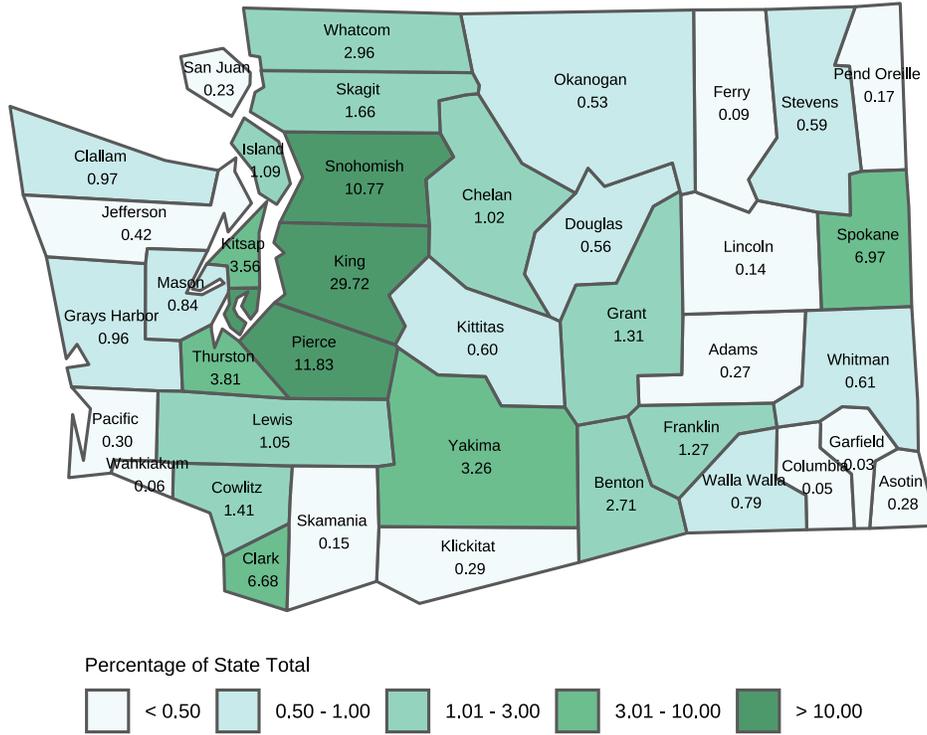
Net Migration: 2024-25



Natural Change: 2024-25



Percentage of State Total Population: 2025



Population Density: 2025

