

WASHINGTON STATE DEPARTMENT OF PERSONNEL

Class Code: 53595

Specification for Class of

DIETETIC TECHNICIAN

Abolished Effective July 1, 2007

Definition: Provides technical assistance in food service management or technical nutritional care.

Typical Work

Screens and interviews inmates/residents to assist in determining nutritional risk level and need for modified diet or other nutritional interventions;

Collects all data needed utilizing inmates/residents medical record, laboratory reports, medical diagnosis, medications prescribed and health history;

Supports the Food Service Manager with monitoring meal service, recipe formulation, menu planning and ensuring proper calories and nutritional content of modified diets;

Acts as liaison between food service and medical departments;

Writes nutritional care plans and completes nutritional assessments;

Develops and conducts training of inmates, residents, food service personnel medical staff etc., regarding nutritional issues, modified diets, safe and proper food handling, use of equipment, sanitation, personal hygiene and safety;

Performs other work as required.

Knowledge and Abilities

Knowledge of: hematological and biochemical laboratory data; medical terminology; symptoms of nutritional compromise; drug-food interactions; energy and protein requirement calculations; diet counseling; therapeutic diet planning; preparation and serving of special diets; food safety and sanitation.

Ability to: provide nutritional education for staff, inmates and health care providers; screen and prioritize inmate needs; provide follow-up monitoring of inmates on therapeutic diets; schedule consultations for self and consulting Registered

Dietician; complete all documentation and follow up per Health Record Guidelines; prepare and maintain dietetic charting and nutritional histories; establish and maintain cooperating working relationships with others; supervise and instruct others in dietetic food preparation and sanitation.

Minimum Qualifications

An Associates Degree in dietetics, food and nutrition or food services administration which meets educational standards established by the American Dietetic Association.

OR

Eighteen months of experience in patient nutritional care.

New class: 7-9-99