November 2025

State population forecast

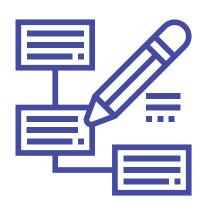
2020 to 2050

Mike Mohrman | State Demographer Rob Kemp | Senior Data Scientist Forecasting and Research



Comparison to estimate

Comparison to 2025 actuals



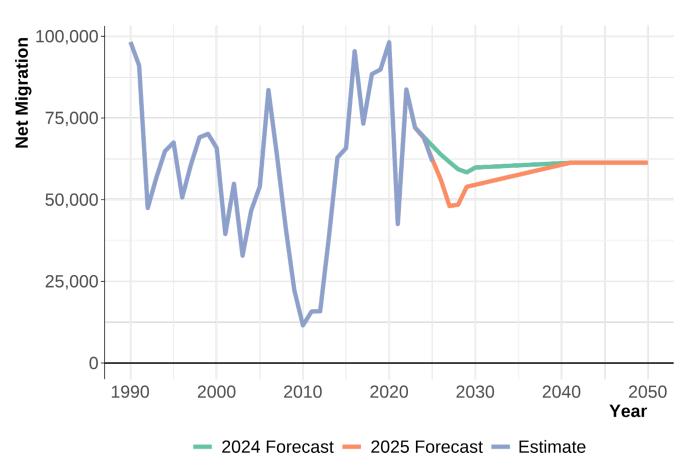
- Net migration in 2025 was 4,200 people lower than forecast.
- Natural change in 2025 3,300 higher than forecast.
 - **Births** were 600 higher than forecast.
 - Deaths were 2,700 lower than forecast.
- Total Population in 2025 was 900 lower than forecast.



Migration: Forecast Comparison

Updated assumptions

- **Net migration** has been decreased by 25,400 from 2025-27 related to:
 - Lower actual net migration in 2025.
 - New near-term national and state economic forecasts.

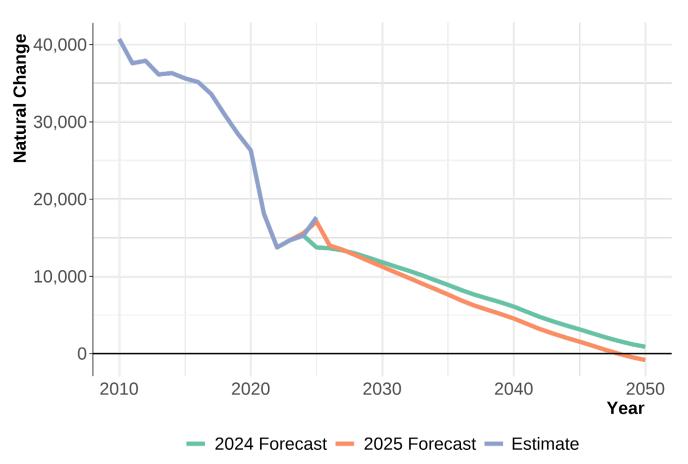




Natural Change: Forecast Comparison

Updated assumptions

- Total fertility rate and life expectancy targets in 2050 remain the same.
- **Differences are due to updated estimates** and compositional changes from net migration.

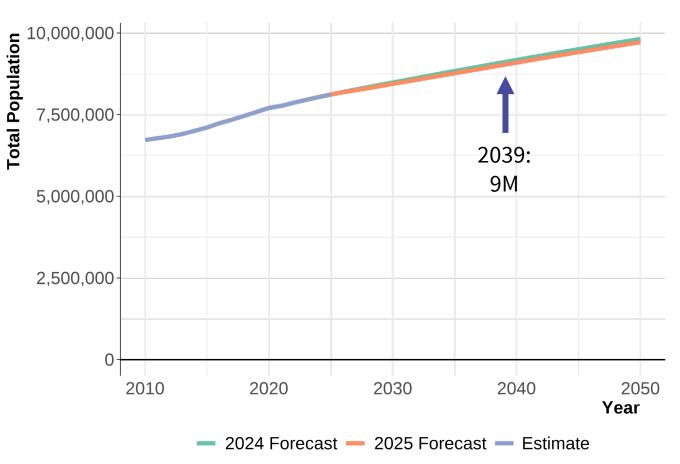




Total Population: Forecast Comparison

Updated assumptions

- **Due largely to short-term changes** the forecast for 2050 is lower by 1% (98,350 people).
- Lower near-term migration interacts with fertility and mortality to drive slower growth than the previous forecast.

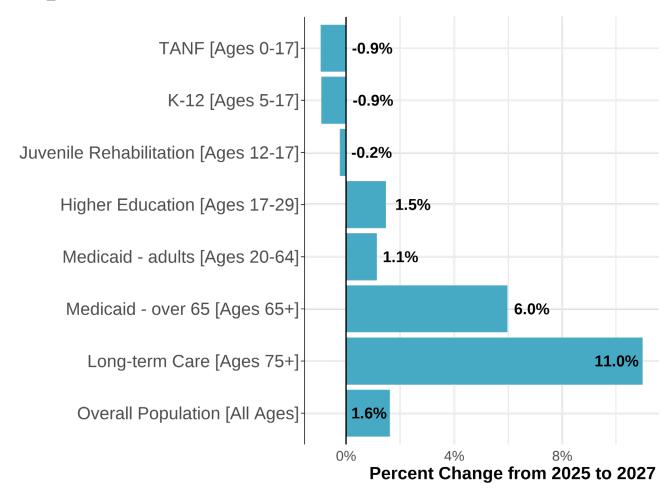




Policy relevant populations: 2025-27

Biennium highlights

- **Falling births** starting in 2017 are leading to fewer people in younger age groups.
- **Aging of the population** is evident as the older and oldest age groups grow far faster than the general population.





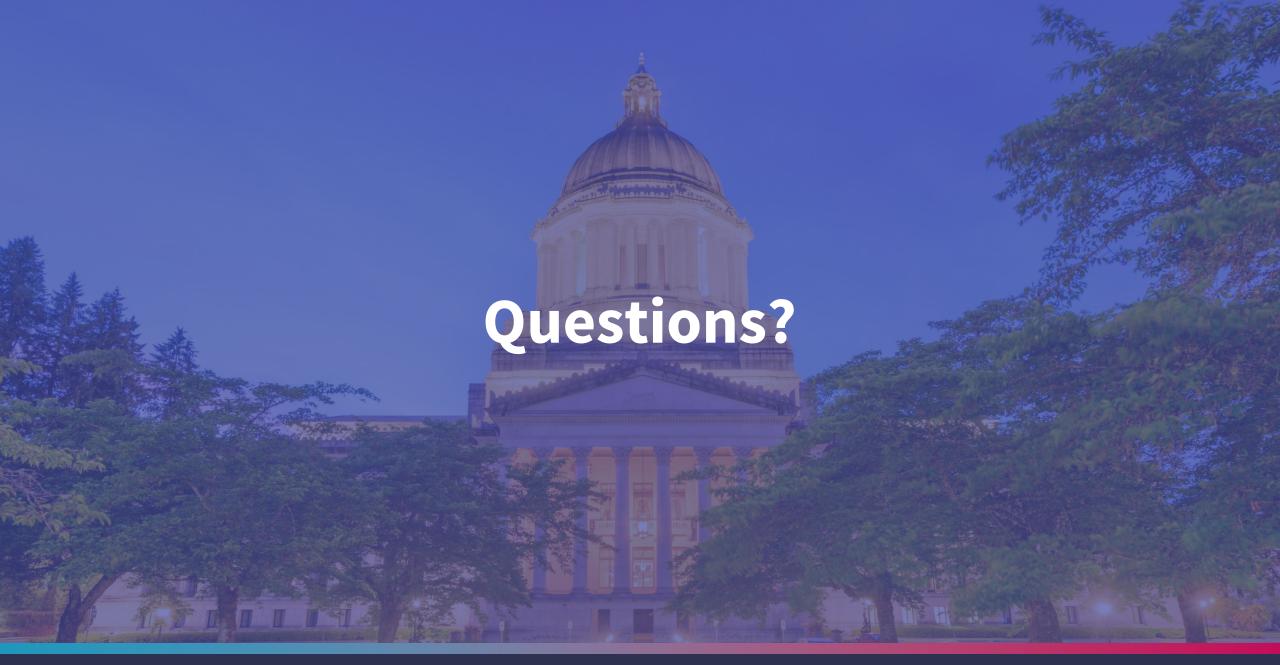
Forecast summary

Adjustments in short-term lead to long-term slowing.



- **Net migration** will still be the dominant driver of population change from 2020 to 2050.
- **Natural change** reaches about zero just before 2050 as birth rates fall and the population ages.
- Washington is aging increasingly rapidly.
 - 2.3 million people will be over age 65 by 2050 which is over one million more people than 2020.
 - The 85+ population will grow almost 4x by 2050 from 140,000 to 523,000.







For more information

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Forecasting and Research









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